

**Parking Directions for Piedras Pintadas and Bernardo Bay Trails,
West Bernardo Dr. Bike Path, and
David Kreitzer Lake Hodges Bicycle Pedestrian Bridge**

Bernardo Bay Natural Area Staging Area

Managed by San Dieguito River Park

Open 6am – 6pm (October 1 – March 31) and 6am – 7:30pm (April 1 – September 30)

From I-15, exit West Bernardo Dr./Pomerado Rd.

Go west on West Bernardo Dr.

At the top of the hill, turn right at the wooden signs into the staging area, just before the traffic light for Rancho Bernardo Community Park.

Trail Access:

At the southwest corner of the staging area, the Piedras Pintadas Trail heads straight past the interpretive kiosk. The Bernardo Bay Trails make several loops that sometimes include segments of the Piedras Pintadas Trail. One of those loops starts either straight or right past the interpretive kiosk. The West Bernardo Dr. Bike Path runs north-south on the east side of the staging area. Head north downhill past the portable toilet to go to the David Kreitzer Lake Hodges Bicycle Pedestrian Bridge and for another loop of the Bernardo Bay Trails that splits off to the left before the bridge.

Notes:

Alternative parking is at Rancho Bernardo Community Park with trail access to the Piedras Pintadas and Bernardo Bay Trails across from the tennis courts.

No horse trailers.

Portable toilet available.